ATTACHMENT 6

REQUEST FOR APPLICATION FOR
CHILDREN'S TRUST FUND
COHORT 31
RFA 13-23
ATTACHMENT 6
Logic Model

The Logic Model provides a visual overview of the program. It highlights the program expectations and serves as a point of reference. The Logic Model is considered a living document and may change over time during the length of the grant.

Applicants are encouraged to use the Logic Model Resources, which include descriptions of each section at https://friendsnrc.org/evaluation/logic-models/ to develop a logic model for the proposed Children's Trust Fund Project. Selected descriptions are included below:

- Outcomes and Indicators must be chosen from the outcomes and indicators menu on the Child Welfare Information Gateway at:
  https://friendsnrc.org/evaluation/logic-models/menu-of-outcomes-and-indicators/
    - Outcomes are statements about the changes in status, belief, and behaviors that your services are designed to bring about.
    - Indicators answer the question "What would I see or hear that would tell me that an outcome was achieved?" Indicators are concrete, specific descriptions of what you will measure.[1]
- Measurement tools are used to measure indicators to determine if outcomes are met. Applicants may choose from the assessment tools listed for each indicator in the Logic Model Menu of Outcomes and Indicators or add assessment tools required or suggested by the Evidence-Based/Informed Program. Applicants may develop their own tools to assess indicators and/or use methods such as observation or participant self-report to measure indicators, there must be a systematic way to collect data related to observation or self-report. Applicants, if selected, will be required to report on data from all assessment methods listed in the logic model and will have the opportunity to provide evaluation data from other tools utilized in regular outcomes reports. Applicants providing an EBHV as defined in **Attachment 4** should select from the approved list of tools if choosing to utilize a defined performance measure as an outcome.
- Performance Targets should describe what data collected through the measurement tool will show to indicate that the participant met the associated outcome and indicator. This may include a change or benchmark on a scored instrument, specific responses to participant self-report, observations made by staff, etc. Applicants do not need to, but may, include a specific percentage of participants that they anticipate will meet the performance target.

Complete the Logic Model for this grant application using all sections in the example on the following pages.

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[1] FRIENDS (n.d.) *Logic models.* Retrieved from: https://friendsnrc.org/evaluation/logic-models/

Building Strong Families Logic Model

Program Name: Building Strong Families	**Program Vision:** Parents and caregivers build strong relationships with their children, create nurturing environments, and practice self-care. As a result, the family unit is healthy and stable.

Population Served: All families in Somewhere County with children birth through age ten will be eligible to participate. Somewhere Family Center will deliver four cohorts of Building Strong Families per year. Each group will consist of a maximum of 12 participants. A total of 144 families will be served during the three-year grant.	**Population Needs to be Addressed by Services:** Parents and caregivers experience stress that can impact family relationships. In a survey conducted by the organization in 2022, 80% of respondents indicated they did not regularly use coping mechanisms to deal with stress. 65% of respondents expressed a desire to learn more about building nurturing relationships with their children. Conversations among the Somewhere County Human Services Council over the last year have focused on the increased stress parents and caregivers have experienced because of the lingering impact of the COVID-19 pandemic.

Services: Building Strong Families is a workshop series of twelve, ninety-minute parenting education sessions. Participants will complete logs between classes to document skills learned. Session topics include building nurturing relationships with children through positive parent child interaction, building social support networks, managing stress in appropriate ways, and asking for help when needed. Participants will have access to a case manager to address family needs.	**Assumptions:** The Building Strong Families program was developed by Family Wellbeing, Inc. and has been replicated in local communities in more than 30 states. A 2016 study showed that participants reported lower levels of stress and an increase in the use of coping skills (Smith, et.al., 2016)[2].

Resources: Somewhere Family Center has been delivering family support programs with fidelity since 1995. CTF funding will be used to acquire training in the Building Strong Families model for six staff members (two per year), purchase course materials for participants, provide transportation to and childcare during sessions, and professional development for staff. Match and agency funds will provide support for data entry, evaluation, incentives for participants, and supervision. In-kind donations will be obtained to provide meals for the Building Strong Families sessions.

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[2] Smith, et.al. (2016). *Decreasing stress among families through parenting classes*. Journal of Family Support. Retrieved from: www.webaddress.com.

Outcomes	Indicators	Measurement Tools	Performance Target
1. Participants know the importance of having a mutual support network of friends, family, and neighbors.	1. Participants know how reliable, safe, and appropriate friends, family members, and neighbors can provide their families with support when they need it. 2. Participants know their personal needs for support.	Protective Factors Survey (PFS) Pre/Post	Participants show an increase in scores on the Social Supports subscale of the PFS from pre to post survey.
2. Participants take care of their personal needs for health and well-being (self-care).	1. Participants find time at least once per week for activities that they enjoy (reading, clubs, sports, hobbies, etc.). 2. Participants meet their personal needs for health and safety.	Building Strong Families Logs	Participants record at least one self-care activity in nine of the twelve weeks of the Building Strong Families Program.
3. Participants manage child behavior in a nurturing and effective manner (behavior management, discipline).	1. Participants know the importance of noticing and encouraging their children's positive behaviors. 2. Participants know the importance of spending time positively interacting with their children.	Protective Factors Survey (PFS) Pre/Post	Participants show in increase in scores on the Nurturing and Attachment *and* the Child Development/Knowledge of Parenting subscales on the PFS from pre-to post survey.